

A little equation that creates BIG results

You can have an awesome future, filled with great achievements and results, if you begin today to take action and make it a reality!

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The purpose of man is in action not thought - Thomas Carlyle

Often people will ask me how I get so much done in my life. They wonder at how I am able to accomplish so many things. The answer is found not in what a great person I am, but in an equation I came up with a few years ago and remind myself of on almost a daily basis. And when I live this equation out, it produces big results. What people don't seem to grasp is that this equation will work for anybody! Anyone can see results in their life if they will live it out!

This little equation, when it is understood, and acted upon, is perhaps the most powerful equation there is in regard to long-term achievement and accomplishment. Yet, this is not a complex equation. In fact, it is rather simple. So what is it?

***Your short-term actions
multiplied by time equals your
long-term accomplishments.***

If you want to see change in your life, see big results, the first thing you must do is change your current actions. Otherwise the old saying becomes a reality: "If you always do what you've always done, you'll always get what you always got!" But if we change our actions, we will see different results!

Most people want to accomplish a lot in their lives. Yet very few actually do. Why is this? It is because what they believe will equal their long-term

accomplishments are wrong. Here are some of the things that people believe will create great accomplishments for them:

Beliefs
Vision
Big dreams
Ideas
Ideals
Values
Desire

The truth is that while these things are very important, they are not enough in and of themselves.

***We need to have the above
underlying all that we do, but we
need to actually do something!***

And this is where most people stop. We need to take action on our dreams and beliefs every day.

Here are some examples of how this works.

Who loses weight? The one who knows all about the benefits of exercise or the one who walks 3 miles a day?

Who retires early? The one who dreams of a house on the beach, or the one who invests \$300 a month?

Who writes books? The one who desires to become a best-selling author or the one who gets up early and writes for half an hour a day?

Who has the best marital relationship? The one who knows how much spending time with their spouse can improve their relationship, or the one who sits down and talks with their spouse every night?

Who makes the most sales? The one who believes they can become a great salesperson or the one who makes 10 sales calls a day?

I think you get the point.

When it all comes down to it, we must act upon our vision, beliefs, and ideals or we won't see them come to fruition.

I see too many people who know what is right, but don't ever do anything about it. Imagine what a difference we could make in our own lives and the lives of others if we would simply begin to act upon our beliefs!

When I get to the end of my life, I want to know that I have done all that I can to make this world a better place and to enhance the lives of those around me. I want to know that I gave it my best shot. And I am sure that you do to.

I remember reading an interview with an author who has written numerous books that have sold in the tens of millions. They asked him how he did it. His answer was that he got up every morning before anyone else in his family and wrote, long hand, with a pencil, for an hour. Then he quit and went about his day. But his short-term actions piled up. 7 hours a week. 30 hours a month. 365 hours a year. After a while, he had lots of books!

Some questions as we leave:

What long-term accomplishments do you want to see come to pass?

What short-term actions will you need to do over time to see them come to pass?

What will you do today to begin seeing your dreams come true?

What will you do this week to see them come true?

You can have an awesome future, filled with great achievements and results if you begin today to take action and make it a reality!

One more time, so you can plug it in, memorize it, and live it.

***Your short-term actions
multiplied by time equals your
long-term accomplishments.***



Chris Widener is an example of how anyone can overcome any odds to achieve a successful life and help others achieve the same. Chris has overcome many obstacles... living through his father dying suddenly when he was four, being sent away from his family to live with relatives at age nine and becoming involved with drugs and alcohol by the age of twelve. Chris overcame those obstacles and has for the last ten years worked with some of the most financially successful families in America, helping them to achieve both personally and professionally. Now he can do the same for you!

Consulting Services

Chris Widener is proud to offer his consulting services to you. The following three areas are his specialty areas. If you have been considering the help of an outside source to help you in business or life issues, you'll want to read the following information.

Personal Growth

As a person who has worked for 10 years with people from all sorts of backgrounds, Chris Widener is an expert in personal growth. Our lives aren't just all business. We have intellectual pursuits, spiritual lives, families, hobbies, and recreation to think about too. For the best advice on how to maintain a balance in all of the areas of your life, Chris can be your own personal growth coach.

Business

Starting a new business or just want a boost for an existing one? Chris Widener is the resource you are looking for. Chris has a knack for taking complex issues and boiling them down to a step by step plan of action to help you achieve your business goals. Drawing from his own experience and a network of successful contacts, Chris can help guide you down the path of success.

Got problems? From small problems to large ones, Chris can help you get solutions! He will help you determine the problem, and then get you on your way to solving the problem in no time.

Sometimes you need an outside source to take a look at what you are doing and provide smart, creative advice. Email Chris today!

Speech Coaching

As a professional speaker, Chris is one of the best. Now, he can help you become your best whether you speak every day or simply have a once a year speech coming up. Chris has both on-site coaching and video assessments available. Email Chris today to find out how you can reach your peak as a speaker.

For strategy, advice, encouragement and an honest appraisal, give Chris a call. 1-425-444-GOAL