CLASSIC | PERSONAL GROWTH

The best gift to give yourself and others

The best gift you can give others really is your ongoing personal development.

by **Jim Rohn**

531 words | 3 pages

I'm often asked the question, "How can I best help my children, spouse, family member, staff member, friend etc. improve/change?" In fact that might be the most frequently asked question I receive, "How can I help change someone else?"

My answer often comes as a surprise and here it is.

> ***The key to helping others is to help yourself first.***

In other words, the best contribution I can make to someone else is my own personal development. If I become 10 times wiser, 10 times stronger, think of what that will do for my adventure as a father... as a grandfather... as a business colleague.

The best gift I can give to you, really, is my ongoing personal development. Getting better, getting stronger, becoming wiser. I think parents should pick this valuable philosophy up. If the parents are okay, the kids have an excellent chance of being okay. Work on your personal development as a parent; that's the best gift you can give to your children.

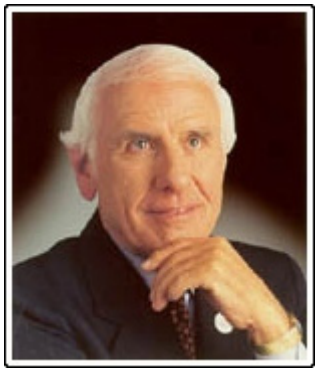
If you have ever ridden in an airplane, then you might have noticed the oxygen compartment located above every seat. There are explicit instructions that say "In case of an emergency, first secure your own oxygen mask and then if you have children with you then secure their masks." Take care of yourself first... then assist your children. If we use

that same philosophy throughout our whole parental life, it would be so valuable.

If I learn to create happiness for myself, my children now have an excellent chance to be happy. If I create a unique lifestyle for myself and my spouse, that will be a great example to serve my children.

> ***Self-development enables you to serve, to be more valuable to those around you; for your child... your business... your colleague... your community... your church.***

That's why I teach development skills. If you keep refining all the parts of your character, yourself, your health, etc. so that you become an attractive person to the marketplace - you'll attract opportunity. Opportunity will then begin to seek you out. Your reputation will begin to precede you and people will want to do business with you. All of that possibility is created by working on the philosophy that success is something you attract by continually working on your own personal development.



Jim Rohn is considered to be "America's Foremost Business Philosopher". He's been delivering his life and work-changing seminars for over 39 years... addressed over 6,000 audiences and four million people worldwide... he's the recipient of the 1985 National Speakers Association CPAE Award... authored 17 different books, audio and video programs... and, Mr. Rohn is internationally hailed as one of the most influential thinkers of our time.

To subscribe to the FREE! Jim Rohn Weekly E-zine, use our affiliate link here: JimRohn.com and receive 20-60 percent off on all audios, books and tapes. Also, you can review the complete Jim Rohn archive of articles, vitamins for the mind, Q and A and more.