

Dwell in Possibility, a good reminder

For those who thrive on challenges, this is the one to really go for!

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“Dwell In Possibility” is a famous quote by Emily Dickenson, and a wonderful reminder as to where to keep our mindsets and focus throughout the day. Most people focus on the limitations, the lack, the small, the negative, and the mundane, forever programming and conditioning the mind to operate in limited thinking.

***We are the ones who are in
charge of our minds and what we
put our attention on, for what we
put our attention on grows.***

Why not focus on our dreams and possibilities in spite of all the adversity, obstacles, and challenges. It all comes down to what we choose for ourselves and what we are feeling inside based on those choices that counts. How great does it feel when we are working toward making our dreams come true vs. constantly thinking in terms of not having enough or jaded cynicism? I don't know about you, but I can't stand the feeling of lost hope or worse, just dead monotony.

Perhaps the greatest challenge in the process of personal development is the reprogramming of the mind for success, to constantly operate from a platform of possibility rather than lack and limitation. Yet in this tremendous challenge lies one of the greatest mountains to overcome in life, to conquer the mountain of the mind. For those who thrive on challenges, this is the one to really go for!

It is so easy to fall back into old habits, or easier still is to get sucked into the negativity that seems to dominate our society. It takes strength and

awareness to be able to see the negativity for what it is and remove ourselves from it as much as possible, given the givens of daily life. Persistence is the key. We all experience setbacks, obstacles, challenges, naysayers, big mountains to overcome, you name it...it seems to be part of the process. However, the equation for fulfillment of our dreams and the process is quite simple:

With desire + vision + belief + faith + consistent and persistent action, no matter what for as long as it takes, success is inevitable.

Just look at anyone who has ever accomplished anything and you can apply this formula to their success.

As human beings, we all have dreams inside of us. Whether we choose to listen to them and make them a reality is a different matter. There are all kinds of circumstances that people have, but no one who has ever accomplished anything great ever had it easy or just waltzed to the top.

It is in the process of achieving the goal that we become great, it is in every step we take toward our goals, no matter how small or large, that we take another step to unfolding our greatness.

When we get to the top of one mountain, there will always be another one to climb. I believe to be satisfied is to be stagnant. Not that we don't appreciate what we do with each step, but the nature of evolution is for always more and more. The soul constantly wants to find new ways of expression and expansion.

Just doing something as simple as focusing on possibilities requires no special training, workshops, seminars, books, or gurus...it's a simple

choice of how to focus our attention. Take a minute right now and dwell on possibilities. Think and feel the feelings of all the things you want to accomplish and achieve. Experience how the mind just seems to fly and open and waves of joy over come you. In this very moment, you can see the power you have over your mind, rather than the mind over you. I believe limited and negative thinking should be considered a disease that dominates the majority of the planet, but fortunately times are changing. We are becoming more and more aware of the power we have to choose and create how we think and operate in life, and this is very exciting!

We always have a choice, in what we do, in how we respond, everything. Think about it. Sometimes our lives are so automatic and routine we feel like robots going through the day, just drudging along, frustrated most of the time. Yet since we choose and create our situations, we have only ourselves to blame or congratulate.

It comes down to being reactive to what life seems to throw us, or proactive in creating what we want out of life.

Most of us are reactive until we learn how to be proactive, and this is a process that takes time, consistent work, and education to accomplish. However, the simple paradigm shift begins when we take full responsibility and accountability for every aspect of our lives, rather than being the victim and blaming others and circumstances for our situation. This is a very powerful place to begin, and can be applied to all areas of our lives: finances, health, relationships, etc. This is just another way in which to see how we have power to use our minds to create our desired day-to-day life the way we want it to be.

I really enjoy the network marketing / direct sales industry because most of the people it attracts are all about wanting to learn how to get the most out of life in terms of health, wealth, and freedom. We are insatiable when it comes to always wanting to be better, experience more, accomplishing more, living more...it's really very special, and I feel so blessed to be part of this industry. May we all accomplish our wildest dreams, and especially the dreams we cannot even imagine yet!

To our success!

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Josh Liteky, a consultant with Wealth Masters International, has an interesting and diverse background working in a variety of fields ranging from business to in-depth study of human potential. Josh graduated college with a degree in business 12 years ago, and has been intensely focused on getting the most out of life in terms of health, wealth, and wisdom.

Josh says, "It is always a growing experience, yet I have learned a lot so far that can greatly assist you in getting MUCH MORE out of LIFE! I have always had the heart of entrepreneur and enjoy the freedom that comes with creating my own life. I love every second of life and my passion is to assist as many people as possible create a life of prosperity, excellent health, and peace!"