LEADERSHIP | LISTENING | PERSONAL GROWTH | PROFESSIONAL DEVELOPMENT | TRAINING

Y.O.U. Set a High Standard for Being Human

Chapter 12: **Design Your Life in Ways That Bring You Joy**

by **Bonnie Ross-Parker**

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[*Editor's note:* Continuing a series taken directly from Bonnie Ross-Parker's book, *Y.O.U. Set a High Standard for Being Human.* We will publish a chapter each month though 2009]

Design Your Life in Ways That Bring You Joy | 12

"I feel joyful when I'm connecting and meeting new people"

Show Others You Love Them

Express love often
Let your behavior reflect loving feelings.
Engage in positive and loving activities

Surprise People in Unexpected Ways

Send flowers
Mail notes of appreciation
Introduce people you meet to people they need to know
Introduce people you know to people they need to meet
Extend invitations

What Five Steps Can You Take to Design Your Life in Ways that Bring You Joy?

Action Steps:

“You cannot hope to build a better world without improving the individuals. To that end each of us must work for his own improvement, and at the same time share a general responsibility for all humanity, our particular duty being to aid those to whom we think we can be most useful ”

Marie Curie

Bonnie Ross-Parker, America's Connection Diva, is a multi-dimensional entrepreneur with a background in teaching, franchising, network

marketing, direct selling, mentoring and publishing. She has had several articles published, is a Certified Network Marketer and authored two books: Walk In My Boots - The Joy of Connecting and Y.O.U. - Set A High Standard for Being Human. Passionate about networking, in August, 2002, Bonnie launched her licensed program, "The Joy of Connecting" - an innovative program for women who are serious about growing their business. Women who participate are entrepreneurs, professionals and business owners. There are currently 60 locations for The Joy of Connecting in 12 states. Check it out at: www.TheJOYofConnecting.com Bonnie travels nationwide providing workshops on "Effective Networking for Effective Results" and primarily focuses on women in the profession of direct selling/network marketing.