MOTIVATION | PROFESSIONAL DEVELOPMENT

Commitment, It's all or nothing!

Would you prefer... to be involved in your network marketing/direct sales business or to choose to be committed to the freedom and joy that you experience when the business you have chosen, starts to reward you multifold?

by **Barbara Pellegrino**

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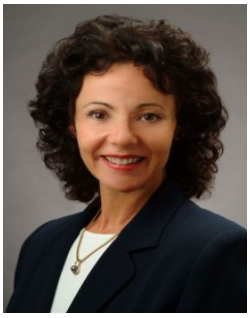

Quite a while ago, a friend explained to me the difference between the two words “involved and committed”… it could be considered a little graphic so please forgive me, I am now mostly vegetarian but then I wasn’t. He explained *“When you think about the very popular breakfast of eggs and bacon... the chicken is involved, but the pig is committed.”*

No wonder people are frightened of commitment, the “C” word, as it has connotations of absolute finality, a death of sorts.

The dictionary has a few definitions of commitment and one of them is *“an engagement or obligation that restricts freedom of action.”* In other words to commit oneself to a decision, a cause, a relationship, or a business venture means that you are saying no to something else and although it is honorable to take a stand and make a pledge, people don’t like to be restricted in their choices.

Our freedom is very important to us!

Instead of the negative interpretation of being cut off from “options” why don’t we consider the positive interpretation of pledging oneself towards a worthy cause and seeing the commitment as a discipline or a doorway to a better result, a fuller life. and a brighter future. How about being committed to getting healthier, enhancing your relationships, doing whatever it

takes to working your business successfully, adding value to the lives of your family, customers and team members.

> **When you are willing to do whatever it takes to achieve your goals, to stay on track and honor your commitments, you will find that very often the commitment it-self will give you new ideas and opportunities that didn't exist the day before.**

It will be like setting your internal GPS. When you really commit to a cause, your brain starts mapping out the fastest most efficient way to get you your dreams, your intuition kicks in and then its only a matter of time.

"Concerning all acts of initiative and creation, there is one elementary truth - that the moment one definitely commits oneself, then Providence moves, too." - W.H. Murray,
The Story of Everest

I think the issue people have about being committed is the clarity around what you are committing to. Even the title "…it's all or nothing" gives such an impression of death to freedom. That is why I want to impress upon you that when you are committing to something, *decide what the ultimate commitment is and make sure it is aligned with your highest values and then work out the best road to get there*, allowing your internal GPS, your intuition to guide you.

Like all goal setting you start with the end in mind and then create the action plan and individual steps to achieve your dreams. What if You committed to Freedom, Success, Great Relationships, Total Health and the most efficient method of achieving your goals?

Then the only "death" would be to the negative attributes that hold you back and stop you from realizing your dreams. Think about and consider what you are de-committing from.

What is it that you want to put an end to - unhealthy habits, procrastination, misunderstandings? So the "death" of these things is as much of a positive as the commitment to the goal.

Now are you involved or committed? Would you prefer... to be involved in your network marketing/direct sales business or to choose to be committed to the freedom and joy that you experience when the business you have chosen, starts to reward you multifold? How about your team members? Are you wanting people who are involved in using and selling the products or committed to the greater vision that is being offered.

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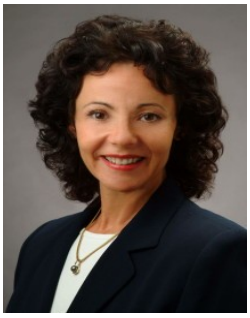

Barbara Pellegrino is a renowned expert Vision Board Success Trainer.

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