

Inside Out

Embrace Uncertainty

How you handle uncertainty in life – like every other moment in life – a choice.

by **Steve Dailey**

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One of the toughest things for some of us to get used to is not knowing what is going to happen next. It seems the older we get the more clear it is that our best efforts to plan don't always work out.

You know – you plan for a great night out with your spouse, making a reservation at your favorite restaurant and you get the new waiter – the one that spills the soup, brings the food out cold and asks you if you want desert before you're half

through your steak.

Or you have a brilliant idea to fix something to avoid the repair costs. It looks simple enough – but after several hours researching how-to-sites on the internet and 7 trips to Home Depot you surrender to calling the repair guy anyway... and end up paying three times what you would have to start.

But there are bigger things that don't work out as planned in life too. Mom dies before the new baby arrives. Your husband gets laid off after 10 years on the job. Your marriage blows up after 20. Or you find dope in your kid's bedroom.

So what do you do? Get mad? Won't help. Blame someone? Short term relief maybe but fleeting. How about conclude that “nothing ever works out”. I guess that's an option... if you want to spend your life in misery.

So here's a suggestion: decide right now that life is going to be

uncertain... and that uncertainty is what makes life rich.

I know – the old “silver lining cliché” - right? No – more than that.

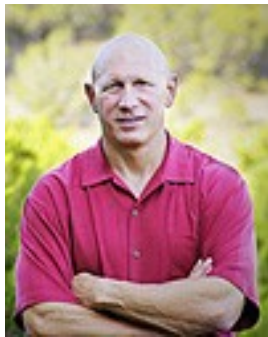
Within the uncertainties in life we are tested, made strong, forced to grow, earn perspective, and make life changing decisions that often change us in a very positive way – and sometimes decisions that can change the world.

How you handle uncertainty in life – like every other moment in life – a choice.

Coach Steve Dailey

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Steve Dailey is a speaker, author, advocate and coach for people 45 and older embracing the second half of life as the Better Half. Helping hundreds of small business owners for over 20 years achieve new levels of vision, confidence and success in their business goals has taught him that those most equipped to make a difference in the world around them are those that have endured the challenges and obstacles of life through their first 40-50 years. His battle cry challenges - "If not for the second half, what was the first half for?!" www.AchievementBridge.com