MOTIVATION | PERSONAL GROWTH | PROFESSIONAL DEVELOPMENT

Get a New Attitude

I guarantee you, no matter what your attitude is, it is affecting you – and your success.

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One of the first and foremost things to do to change your life is to change your attitude. Attitude is fundamental to the success or failure that we experience in our life.

Are you less successful than you would like to be? Do you have the money you want? Do you have the family you want? Do you have the job that you want?

If you answered “no” to any of the questions above, then you may want to take a look at your attitude, because so much depends on it!

“Life is 10 percent what you make it and 90 percent how you take it,” says Irving Berlin. It is true. Now don’t get me wrong, that 10 percent is M-A-J-O-R, but even bigger than that is what your attitude is. So, do everything that you can – action wise – to make your life an absolute success. But when you are done acting, you will only have what you have. It may be big and it may be little. But it is what you have to live with.

Now the biggest key will be what your attitude is toward what your actions have brought to you.

One person will work and be happy with it. Another will work, achieve the same thing and have a terrible attitude about it. Who will achieve the most successful life? My bet is on the one with the best attitude.

Ralph Waldo Emerson said that “To different minds, the same world is a hell, and a heaven.” It is all in what value you give to it! You see, you may look at one thing and say “That’s terrible,” while another person may say,

"That's great!" A simple example would be a half a ham sandwich. Now, if you are used to filet mignon, you are going to think, "A measly old ham sandwich? Is that it?" But a starving person would have a very different viewpoint! They would think, "I won the lunch lottery!"

Another reason to keep in mind that our attitude is so very important is because often times the attitude we demonstrate is exactly what we will get back to us.

The great Earl Nightingale said, *"Our attitude toward life determines life's attitude towards us."* Think about it. You walk into a store and say to the clerk, "Hey lady, do you think you could get off your duff and tell me where I can find the milk?" What kind of attitude do you think you will get back? Instead, we should go in and say, "Excuse me, but would you be so kind as to tell me where I could find the milk?" You will get a good attitude back from that! The same is true in every area of our lives. Do you find that others have a bad attitude toward you? Then maybe you have a bad attitude toward them. The old saying is true that you reap what you sow. If you are reaping bad attitudes, you are probably sowing bad attitudes. Take a closer look, and you may find the key to turning your life around.

> *"There is little difference in people, but that little difference makes a big difference. That little difference is attitude. The big difference is whether it is positive or negative."* W. Clement Stone

Let's face it, there is little difference in people physically or intellectually. But what does make the difference is the attitude. You can take two people of similar background, education, skill and intelligence and find that one is the kind of person you are looking for because of a positive attitude while the other is a complete dud – the eternal pessimist! Your attitude is the big difference.

What is your attitude? Is it positive or negative? Are you an optimist or a pessimist? I guarantee you, no matter what your attitude is, it is affecting you – and your success.

Take this test: Purposefully upgrade your attitude for 90 days and see if life doesn't begin to change for you! Pick a few areas where you can make a change. For example, begin to trust people and believe the best in them and see if your relationships begin to change!

If you're stuck or if you just want to go to the next level of success, it's time to "Get a New Attitude!"

Chris Widener is an example of how anyone can overcome any odds to achieve a successful life and help others achieve the same. Chris has overcome many obstacles... living through his father dying suddenly when he was four, being sent away from his family to live with relatives at age nine and becoming involved with drugs and alcohol by the age of twelve. Chris overcame those obstacles and has for the last ten years worked with some of the most financially successful families in America, helping them to achieve both personally and professionally. Now he can do the same for you!