COACHING | PERSONAL GROWTH | PROFESSIONAL DEVELOPMENT | THINKING

# A 100% Day

*Life – make it more than extraordinary!*

by **Steve Dailey**

322 words | 2 pages

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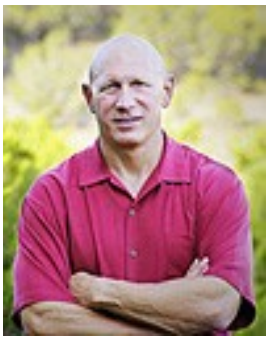

Before your day starts tomorrow, take a good hard look at your calendar and to-do list. Ask yourself this question, *"Given my primary goals for my career and life, what is the most important thing I can do with my time on this particular day that will make the most decisive and deliberate progress?"*

The answer to that question should help you re-arrange, discard or prioritize all the things that might have otherwise landed on your plate as quiet, seductive distractions away from your most precious and deserving aspirations.

## Don't crowd your limited minutes and hours with non-essentials.

Be adamant about your focus and intention to accomplish the main thing. Keep the main thing the main thing and don't let go of it until it is compete with the excellence of satisfied finality it deserves.

Make today a one hundred percent day. One hundred percent. Not a single margin of hesitation, distraction, procrastination or waste.

Absolute, pure, clean, grit, focus and finish.

## Make today more than extraordinary and more than superb. Assure your success with authority and decisiveness.

One hundred percent… today!

*Coach Steve Dailey*
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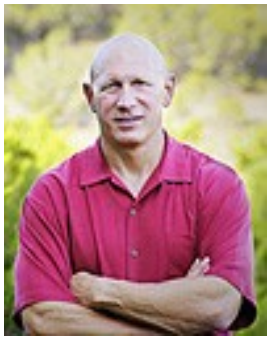

**Steve Dailey** is a speaker, author, advocate and coach for people 45 and older embracing the second half of life as the Better Half. Helping hundreds of small business owners for over 20 years achieve new levels of vision, confidence and success in their business goals has taught him that those most equipped to make a difference in the world around them are those that have endured the challenges and obstacles of life through their first 40-50 years. His battle cry challenges - "If not for the second half, what was the first half for?!" www.AchievementBridge.com