TEACHING AND TRAINING| PERSONAL GROWTH | PROFESSIONAL DEVELOPMENT

What Makes a Great Trainer?

"Good Trainers Need to be…"

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What makes a great trainer?

When you look online - there are a lot of articles talking about what makes a good trainer. When I searched, I found 5 articles right away!

I agree with most of the points they make, in fact, all of them are positive attributes or traits that a person needs in order to teach or train or speak in public. Not all are as important as others, and some are more about what a trainer does, rather than their personal traits.

I'm not going to cover all of them in this article. Just a few of the key ones that I feel are vital in the personality or the 'makeup' of a great trainer. Hopefully, I'll get around to discussing more of them in a future edition.

Good trainers need to be:

- Organized and Prepared
- Respected
- Trusted
- Disciplined
- Instructional
- Experienced
- Knowledgeable

- Passionate
- Entertaining
- Influential on their audience and themselves
- Rapport builder.

As well as being:

- Flexible
- Adaptable
- Intelligent
- Approachable
- Student-focused
- Good Listeners
- Storytellers Instructors
- Imaginative
- Idealistic
- Communicators
- Readers
- Confident

Ask yourself right now, which of these do you feel you have mastered? And, which do you still need to work on.

Each trainer is unique - I am definitely a big fan of creating your own style and staying true to it. Your character needs to develop and mature, as you become a better trainer. Think about the list above, and over time, I hope you can pick more and more of them as areas you have mastered.

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